

Fresubin Protein POWDER

Available in Neutral flavour in a resealable 300 g can
or as 40 single portion sachets à 11,5 g



Nutritional Information

Average values		per 100 g	per 5 g (1 scoop)	per 11.5 g (1 sachet)
Energy	kJ (kcal)	1500 (360)	75 (18)	173 (41)
Fat	g	1	0.05	0.12
of which saturates	g	< 0.07	< 0.004	< 0.008
Carbohydrate	g	≤ 1	≤ 0.05	≤ 0.12
of which sugars	g	≤ 1	≤ 0.05	≤ 0.12
of which lactose	g	≤ 1	≤ 0.05	≤ 0.12
Fibre	g	0	0	0
Protein	g	87	4.4	10
Salt	g	1.38	0.07	0.16
Minerals				
Sodium	mg	550	27.5	63.3
Potassium	mg	1200	60	138
Calcium	mg	60	3	6.9
Phosphorus	mg	240	12	27.6
Caloric distribution (energy%)				
Fat 2, carbohydrate ≤ 1, fibre 0, protein 97				

General Information

Food for special medical purposes:

Whey protein powder supplement (instant powder), fibre free. Clinically free from lactose, gluten free. For the dietary management of patients with or at risk of disease-related malnutrition in particular with increased protein needs including cancer, surgery, sarcopenia and paediatric failure to thrive.

Dosage:

To be determined by a health care professional according to patients' needs. Recommended for supplementary nutrition

A) Can with spoon: 2-3 times 10-15 g (20-45 g) per day.

B) Sachet: 2-4 sachets (23-46 g) per day.

Important notes:

To be used under medical supervision. Not suitable as sole source of nutrition. Please monitor potassium (K) levels in patients on a K restricted diet. Not suitable for children < 3 years. Use with caution in children < 6 years. Not suitable for patients with galactosaemia. **Not for parenteral (I.V.) use!**

Instruction for use:

Store in a dry place at room temperature. Opened can should be used within 2 months. Can be used in liquid cold or hot foods, sweet or savoury (e.g. fruit juices, milk, soups) and prepared meals (e.g. purees).

A) Use in liquids or foods < 70°C: stir 2-3 scoops (10-15 g) into 150 ml liquid or 150 g food. Use in preparations > 70°C, **but not cooking**: Dissolve 2-3 scoops (10-15 g) in a small amount of liquid (25-50 ml) at room temperature. Add this mixture to 150 ml of the hot liquid or 150 g food directly before serving (max. 10 minutes before serving). Do not boil while or after adding the powder. Fresubin Protein Powder is not suitable for cooking.

B) Use in liquids or foods < 70°C: stir one sachet (11.5 g) into 150 ml liquid or 150 g food. Use in preparations > 70°C, **but not cooking**: Dissolve one sachet (11.5 g) in a small amount of liquid (25-50 ml) at room temperature. Add this mixture to 150 ml of the hot liquid or 150 g food directly before serving (max. 10 minutes before serving). Do not boil while or after adding the powder. Fresubin Protein Powder is not suitable for cooking.

Additional Considerations:

Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malabsorption. Not suitable for patients with congenital inability to metabolise nutrients contained in Fresubin Protein POWDER.

A) Can 300g (1 carton includes 6 cans à 300g)

B) Sachets à 11.5g (1 carton includes 6 boxes à 40 sachets)

Ingredients

Whey protein, emulsifier (soya lecithins).

Flavour

Neutral

last updated: 04/2021