

Fresubin® 2 KCAL CRÈME



Available in five delicious flavours
in 125 g Cup

Nutritional Information

Nutrition values

| Flavour Wild Strawberry | | per 100 g | cup = 125 g |
|------------------------------------|-------------|-----------|-------------|
| Energy | kJ (kcal) | 841 (200) | 1051 (250) |
| Fat | g | 7,8 | 9,8 |
| of which saturates | g | 0,6 | 0,8 |
| of which mono-unsaturates | g | 5,8 | 7,3 |
| of which polyunsaturates | g | 1,4 | 1,8 |
| Carbohydrate | g | 22,5 | 28,1 |
| of which sugars | g | 13,4 | 16,8 |
| of which lactose | g | < 0,5 | < 0,6 |
| Fibre | g | 0 | 0 |
| Protein | g | 10,0 | 12,5 |
| Salt | g | 0,16 | 0,20 |
| Vitamins | | | |
| Vitamin A | µg RE° | 213 | 266 |
| of which β-Carotene | µg RE° | 62,5 | 78,1 |
| Vitamin D | µg | 5,0 | 6,3 |
| Vitamin E | mg α-TE°° | 3,8 | 4,8 |
| Vitamin K | µg | 21 | 26 |
| Vitamin C | mg | 19 | 24 |
| Thiamin | mg | 0,30 | 0,38 |
| Riboflavin | mg | 0,40 | 0,50 |
| Niacin | mg/mg NE°°° | 2,0/3,8 | 2,5/4,8 |
| Vitamin B ₆ | mg | 0,43 | 0,54 |
| Folic acid | µg | 62,5 | 78,1 |
| Vitamin B ₁₂ | µg | 0,75 | 0,94 |
| Biotin | µg | 9,4 | 11,8 |
| Pantothenic acid | mg | 1,5 | 1,9 |
| Minerals and trace elements | | | |
| Sodium | mg | 65 | 81 |
| Potassium | mg | 167 | 209 |
| Chloride | mg | 62,0 | 78,0 |
| Calcium | mg | 196 | 245 |
| Phosphorus | mg | 125 | 156 |
| Magnesium | mg | 16,0 | 20,0 |
| Iron | mg | 2,5 | 3,1 |
| Zinc | mg | 2,0 | 2,5 |
| Copper | mg | 0,38 | 0,48 |
| Manganese | mg | 0,50 | 0,63 |
| Fluoride | mg | 0,25 | 0,31 |
| Selenium | µg | 14 | 18 |
| Chromium | µg | 13 | 16 |
| Molybdenum | µg | 19 | 24 |
| Iodine | µg | 37,6 | 47,0 |
| Water | ml | 58 | 73 |

Caloric distribution (kJ%)

Fat 35, carbohydrate 45, fibre 0, protein 20

° retinol equivalents (RE), °° alpha-tocopherol equivalents (α-TE), °°° niacin equivalents (NE)

General Information

Food for special medical purposes.

For the dietary management in case/risk of malnutrition, esp. with increased energy and protein needs, fluid restriction including dysphagia. Nutritionally complete, high energy (2,0 kcal/g), high protein spoonable oral nutritional supplement. Meets IDDSI* level 4 (extremely thick). Clinically free from lactose, gluten free.

*IDDSI - International Dysphagia Diet Standardisation Initiative, www.iddsi.org

Dosage:

3–4 cups/day for supplementary nutrition or 7–8 cups/day for complete nutrition, or as advised by a healthcare professional.

Important notice:

To be used under medical supervision. Suitable as sole source of nutrition. Not suitable for children < 3 years. Use with caution in children < 6 years. Not suitable in case of galactosaemia.

Storage:

At room temperature. Once opened refrigerate and use within 24 hours.

Instructions for use:

Best served chilled. Stir gently.

Packaged in a protective atmosphere.

Additional Considerations:

Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malabsorption. Not suitable for patients with congenital inability to metabolise nutrients contained in Fresubin 2 KCAL CRÈME.

Ingredients

Ingredients (Flavour Wild Strawberry): Water, sugar, milk proteins, glucose syrup, vegetable oils (high-oleic sunflower oil, rapeseed oil), maize starch, maltodextrin, flavourings, thickeners (E 1442), potassium citrate, beetroot powder, emulsifiers (E 471, soya lecithins), potassium carbonate, vitamin C, sodium citrate, sodium chloride, stabiliser (E 407), magnesium oxide, ferric diphosphate, zinc sulphate, niacin, pantothenic acid, manganese chloride, vitamin E, cupric sulphate, riboflavin, vitamin B₆, sodium fluoride, thiamin, beta-carotene, vitamin A, folic acid, chromium chloride, potassium iodide, sodium selenite, sodium molybdate, vitamin K, biotin, vitamin D, vitamin B₁₂.

Nutrition information for flavour Wild Strawberry. Detailed nutrition information of the other flavours can be found at www.fresubin.com

Flavours

Cappuccino, Chocolate, Praliné, Vanilla, Wild Strawberry

1) Hubbard GP, Elia M, Holdstock A, Stratton RJ. A systematic review of compliance to oral nutritional supplements. *Clin Nutr*. 2012;31(3):293-312. 2) Catwood AL, Elia M, Stratton RJ. Systematic review and meta-analysis of the effects of high protein oral nutritional supplements. *Ageing Res Rev*. 2012;11(2):278-296. 3) IDDSI - International Dysphagia Diet Standardisation Initiative, www.iddsi.org



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