3721/3 (05/23/AC)

Calshake® POWDER

Available in five delicious flavours 7 single portion sachets à 87 g**

Nutritional Information

Nutrition values		100 g powder	100 ml ready to use product* (with 3,5% fat milk)
Vanilla Flavour			
Energy	kJ	2063	780
	(kcal)	492	186
Fat	g	22,9	9,1
of which saturates	g	15,6	6,1
Carbohydrate	g	68,9	22,8
of which sugars	g	36,4	13,8
of which lactose	g	0,68	3,9
Fibre	g	0,2	< 0,1
Protein	g	2,5	3,3
Salt	g	0,38	0,20
Minerals and trace elements			
Sodium	mg	150	79
Potassium	mg	277	200
Chloride	mg	67,0	98,5
Calcium	mg	139	132
Phosphorus	mg	192	125
Magnesium	mg	62,7	26,7
Osmolarity	mosmol/l		835

Caloric distribution (kJ%)

Fat 44, carbohydrate 49, fibre 0, protein 7

*ready to use product: one sachet plus milk: 87 g + 240 ml milk (3,5 % fat milk)

General Information

Food for special medical purposes:

For the dietary management in case/risk of malnutrition, esp. with increased energy needs. Oral nutritional supplement powder to be prepared with milk providing a high energy (1,9 kcal/ml) shake. With lactose, gluten free.

Calshake[®]

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1 sachet/day for supplementary nutrition, or as advised by a healthcare professional.

Important notice:

To be used under medical supervision. Not suitable as sole source of nutrition. Not suitable for children <3 years. Use with caution in children <6 years.

Storage

Store dry and at room temperature. Once reconstituted use promptly or refrigerate and use within 24 hours. Stir again before use.

Instruction for use:

Best served chilled

Preparation:

Add the content of 1 sachet (87 g powder**) to 240 ml whole milk providing approximately 600 kcal. Mix vigorously with a whisk or a fork or use a shaker.

Ingredients

Calshake, flavour Vanilla: Fat powder (palm oil, glucose syrup, <u>milk</u> protein, stabilisers (E 452, E 340)), dextrose, maltodextrin, sugar, skimmed <u>milk</u> powder, medium chain triglycerides powder (vegetable oils (coconut, palm, rapeseed), glucose syrup, <u>milk</u> protein, emulsifier (E 472c)), flavourings (containing <u>lactose</u>), acidity regulator (E 170), magnesium oxide, potassium chloride, colour (E 160a). May also contain eqq, celery, mustard and soya.

Nutrition information for the flavour Vanilla. Detailed nutrition information of the other flavours can be found at www.fresubin.com

Flavours

Banana, Chocolate, Neutral, Strawberry, Vanilla



^{**} chocolate flavour: 90 a