

Melon Saffron Drink

Ingredients

- 1 well-chilled bottle of *Fresubin PRO Drink Vanilla*
- 1 pinch of Saffron threads or ground saffron
- 1-2 wedges of galia, cantaloupe or other melon (approx. 100g of fruit flesh)
- 1-2 ice cubes
- ½ teaspoon cinnamon
- 1-2 teaspoons honey or sugar to taste

- 1 Soak the saffron in 2 *tablespoons* of hot water. Peel the melons and cut them into pieces.
- 2 Finely puree the fruit pieces, *Fresubin PRO Drink Vanilla*, ice cubes, saffron water and cinnamon in a blender. Sweeten to taste with a little honey if necessary.

The drink can also be enjoyed warm. Delicious! Prepare the drink without ice cubes and gently heat it up to drinking temperature. Do not boil.



Nutritional Information Per Portion of Prepared Recipe

Protein	29g
Fat	18g
Carbohydrate	62g
Total	543kcal (2,273kJ)

Fresubin PRO Drink Vanilla



1 portion 

15 min 