

# Profiteroles with chocolate pudding

level 

 20

 20 min



## Ingredients

- 200 ml FrebiniEnergy Fibre DRINK Chocolate
- 1 packet vanilla pudding powder (for 500 ml milk)
- 300 ml full-fat milk 3.5 %
- 20 profiteroles, 4 cm Ø (small cream puffs that can be bought as convenience product) (approx. 250 g)

## Nutritional information per serving:

Energy ..... 75 kcal  
 Protein.....1.6 g  
 Fat .....3.0 g  
 Carbohydrate ....11.0 g  
 Fibre.....0.1 g



## Alternative products:

Fresubin® Original DRINK  
 Fresubin® Energy/Fibre DRINK  
 Fresubin® Protein Energy DRINK  
 Fresubin® 2 kcal DRINK

## Preparation

Prepare the pudding as advised on the sachet (substitute 200 ml milk with 200 ml Frebini Energy Fibre DRINK), then chill it. If necessary, the cold pudding can be whipped and thickened.

Carefully make a small hole on the bottom of the profiteroles. Place the pudding in a piping bag and squeeze into the profiteroles. Sprinkle with icing sugar or cocoa.

### TIP:

The profiteroles should be eaten within a few hours otherwise they become very soft.

