

Peppermint drink

Drink

level 

 1

 3 min



Ingredients

1 sachet Calshake Vanilla
240 ml cold peppermint tea

Nutritional information per serving:

Energy 435 kcal
Protein 3.8 g
Fat 21.0 g
Carbohydrate 58.0 g
Fibre 0.0 g



Preparation

Put the tea and the Calshake Vanilla powder into a shaker and shake well.

TIP:

Substitute
120 ml tea with
milk.

