

Creamed mushrooms

Savoury

level 

 1

 30 min



Ingredients

100 ml	Fresubin 2 kcal DRINK Neutral
250 g	mushrooms
3 ml	oil (1/2 teaspoon)
20 g	smoked bacon
20 g	onions
20 ml	cream
4 g	flour (1 level teaspoon)
	salt, pepper, chopped parsley

Nutritional information per serving:

Energy	423 kcal
Protein	24.6 g
Fat	23.6 g
Carbohydrate	28.4 g
Fibre	0.0 g



Alternative products:

Fresubin[®] Energy DRINK

Preparation

Fry bacon in a pan at medium heat until glazed, add the finely diced onions and mushrooms and continue to fry.

Whisk the flour with cream and add together with Fresubin 2 kcal DRINK Neutral under constant stirring, heat and season. Sprinkle with parsley before serving.

TIP:

Serve together with bread dumplings.